

BRIGHT LIGHTS AWARDS

2024

4. Mental health and addictions Prescott Family Health Team

Health and Wellness Program(s) for the Employees – Systems Approach: The Change Needed at the Organizational Level



Burnout resulting from stress can cause serious health problems for the individual and the organization. Our program offering was prompted by issues, including challenges with staff retention, negative employee attitudes, and consequently, diminished patient experience. PFHT initiated the program to support our employees' psychological and mental well-being and improve patient care experience. In August 2022, we established a Workplace Wellness Committee comprised of employees with the support of management. The program created a positive workplace environment and better-quality patient care services. Our commitment to excellence is evident in our continuous efforts to enhance our program and ensure its success.