

BRIGHT LIGHTS AWARDS

2024

4. Mental health and addictions

Petawawa Centennial Family Health Centre (Crystal Schimmens RN EC; Jenna Walsh RD CDE, Lindsay Dekelyne MSW)

Group-based approach to provide care for people in the community affected by disordered eating.



Petawawa Centennial Family Health Team created an innovative solution to address the shortage of community supports for people living with an eating disorder in Renfrew County. This virtual platform has increased access to multidisciplinary, comprehensive, specialized care with a nurse practitioner, dietitian, and social worker in a rural area where the nearest program is 170km away. The virtual platform strives to align with the sextuple aim by providing an essential service to an under-served area, by reducing the cost and barrier of transportation, and in-turn improving equity and inclusion.

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