

# BRIGHT LIGHTS AWARDS

2024

**Nomination: 1. Expanding access to team-based care  
Ontario Osteoporosis Strategy at Barrie and Community Family Health Team**

**A multidisciplinary and community partner approach to support patients with their bone health and mitigate risks for bone fracture**



We support adults with bone health through virtual group sessions offered multiple times a year for rostered, orphaned, and out-of-area patients. Attendees learn about osteoporosis and fracture prevention from expert clinicians, including a dietitian, pharmacist, physiotherapist/kinesiologist, and a clinician from Osteoporosis Canada. Our partnership with Osteoporosis Canada and the VON SMART program connects patients to local community programs and services. Patients are empowered to take proactive measures regarding their bone health, improving their quality of health and reducing the burden on primary care providers.

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