

# BRIGHT LIGHTS AWARDS

2024

**Nomination: 1. Expanding access to team-based care  
Central Brampton Family Health Team**

## **Integrate Your Care Podcast (Hosted by Central Brampton Family Health Team)**



"Integrate Your Care," hosted by Central Brampton Family Health Team, is a grassroots podcast dedicated to informing the public about Team-Based Care and our collaborative, integrated approach. Directed at patients as citizens, this podcast aims to educate the public through an effective and modern approach. In addition to improving healthcare comprehension, it serves as a platform for community healthcare providers to build networks, share insights, and foster connections with a broad professional audience. Educating and engaging with our communities while collaborating with community partners and other Family Health Teams are guiding principles. Its inclusive approach, engaging community healthcare professionals, amplifies its impact and outreach, positioning "Integrate Your Care" as a leader in advancing comprehensive, patient-centered care on a broader scale. Recognizing its contributions underscores its pivotal role in shaping the future of healthcare education.

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