

BRIGHT LIGHTS AWARDS

2024

**Nomination: 1. Expanding access to team-based care
North York Family Health Team**

Eating Disorder Support in Primary Care: A North York Family Health Team Pilot Program



In the pursuit of providing care for patients who struggle with eating disorders, an area of our healthcare system that is poorly funded and underserved, the North York Family Health Team (NYFHT) was able to secure funding to develop and provide an eating disorder program that integrates community resources and hospital-based programs for seamless access to team-based, eating disorder care. In addition, NYFHT also provided education for family physicians, medical residents and allied health providers, while raising awareness about the importance of early detection, intervention and access to team-based care, helping this population feel seen and cared for.