

# BRIGHT LIGHTS AWARDS

2024

**Nomination: 1. Expanding access to team-based care  
Couchiching Family Health Team**

## **Health Heroes: Building a Multidisciplinary Chronic Disease Hub for CHF and COPD Providing Access for All.**



After being announced as one of the 12 accelerating OHT's in Ontario, the Couchiching Ontario Health Team's (COHT) key priority was to create pathways for Congestive Heart Failure (CHF) and Chronic Obstructive Pulmonary Disease (COPD) in our sub region. The goal of creating and implementing these pathways is to better manage these conditions in the community with a strong focus on prevention (upstream), chronic disease management, and avoidance of hospitalizations. Ultimately, we focused on providing the right care from the right provider at the right time and in the right place. Building on a pre-existing successful CHF clinic at the Couchiching Family Health Team (CFHT), the COHT and CFHT partnered to expand this clinic to provide chronic disease management to a wider group of patients. A call to community partners, caregivers, Indigenous partners, and French Language Services commenced to help design this expanded program. The CFHT, as the lead agency, utilized current staffing (RN, RPN, Internists), adding new disciplines (Respirologist, Nurse Practitioner, MSW) to expand the scope of the program to provide a chronic disease approach to care called the HUB CLUB.

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