

afhto association of family health teams of ontario

2023 "Bright Lights" Nomination Guide

Application deadline is Friday, July 14, 2023

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Nomination Eligibility:

For a program, initiative or individual to be eligible for a Bright Lights award, they must fulfil the following criteria:

- 1. Programs or initiatives must be undertaken by an AFHTO member. If the nomination involves a team's partners, the work must either be led by an AFHTO member or they otherwise play an integral role.
- 2. Programs or initiatives that have previously won a Bright Lights award are no longer eligible, whether in their original or expanded model
- 3. Individuals must be staff or affiliated with an AFHTO member and the nomination must be for work they've performed in their capacity as such.

How to submit a nomination:

- 1. Review the nomination <u>categories</u> in advance.
- 2. Review the nomination evaluation criteria.
- 3. Complete the online nomination form and send all supporting materials before July 14, 2023. See below for tips on filling it out.
- 4. Submit supporting documents to info@afhto.ca:
 - a. 1-4 high-quality photos of nominees in png. or jpg. format to be featured at the Awards Ceremony on October 12th (see below for more information).
 - b. Take a video (30-90 seconds long) with your smartphone and share with info@afhto.ca. We'll be promoting nominations before the conference, so please consider providing an overview of your initiative as part of your nomination(optional).
 - c. Signed statement of attestation to release photos for AFHTO use.

- d. Any supporting evidence and materials as appropriate.
- e. Deadline to submit photos and video is July 28, 2023.

Submitting nominee photos

Bright Lights Award nominees are asked to submit **1-4 high-quality** -500 KB or more- photos of nominees to be included in the Bright Lights Hall of Fame and possibly a video highlighting each award theme and your outstanding work before announcing award winners on Oct. 25th. **All photos must be submitted by July 28, 2023.**

- Please include photos in jpg. or png. format of:
 - 1. Nominee and/or team members
 - **2.** The primary care team location
 - **3.** The nominee interacting with patients (if available patients will need to also sign photo release)
 - 4. Choice of any of above
- Signed <u>statement</u> to release photos for AFHTO use.
- Make sure the building, team logo or other defining element is prominently displayed.
- Make sure photos are well lit and taken without obstruction.

Submitting nominee video

Nominees also have the option to submit a video (30-90 seconds long) in addition to the photos.

- All requirements as listed for the photos above also apply to the video.
- The video would be accepted in addition to the photos, not as a replacement.
- The video can be shared with <u>info@afhto.ca</u>.
- All videos must be submitted by July 28, 2023

Tips for writing your nomination

Understand the everyday counts. Has your team developed a workaround for a particular challenge? Utilised a range of tricks to address a sticky situation? Other teams may be wrestling with these same issues. It may seem like business as usual to you but spreading knowledge of these achievements could be a real help to teams in similar circumstances.

You're not too small or too remote for your voice to be heard. Evaluations from past award review committee members tell us they would like to hear from a variety of sources and especially from small, rural, and Northern teams.

Include a variety of voices. AFHTO's focus is on **interprofessional** primary care so bring a range of experiences and people together when presenting and developing the nomination. *Include a patient/caregiver testimonial or experience where appropriate.*

<u>Review past award winners</u>. Their innovations run the gamut of topics and types of initiatives. You may see that your team has done something similar or has seen better results. You'll also see how your achievement will be recognized.

When writing your nomination:

• **Pick the right category.** Category descriptions are very detailed and specific. Make sure reviewers know why your nominations fits the theme.

- Identify WHY your achievement stands out over the rest. Show your evidence and results clearly. Some innovations might not have quantitative evidence, but you need to tell us what has improved as a result AND how other teams can learn from the results.
- Look beyond the stats when demonstrating evidence. Consider your results from the human perspective, not just statistics and measures. What did your initiative DO for your patients, team and/or community?
- Use plain language. Omit flowery speech and state your points clearly.

Do Check In. Not sure if your program or initiative will be a good fit for the conference? <u>Feel free to ask</u> <u>us</u>. We're happy to discuss it with you.

Completing the online nomination form:

https://www.surveymonkey.com/r/2023brightlightsnominations

- Review the <u>submission form template</u> before filling out the SurveyMonkey form.
- To avoid the risk of losing information, it is best to enter the nomination all in one session.
- The nomination form must be filled in online and IN FULL.
- Email any supporting data separately to <u>info@afhto.ca</u>.

Nomination Evaluation Criteria:

The review committee will score each nomination on a scale of 1 (Very low) - 5 (Very high) for the extent to which the achievement:

- 1. Reflects significant achievement within the award category. The innovation may be large or small, but the impact is significant for the patients, community and/or primary care team
- 2. Exemplifies innovative thinking and leadership
- 3. Addresses equity
- 4. Recognizes and addresses the needs of their local population (access or barriers to care, rurality, etc.)
- 5. Is sustainable with potential for continued improvement
- 6. Offers significant, useful, and relevant learning opportunities/resources to primary care teams
- 7. Is being spread and adopted more broadly
- 8. Is backed up by evidence of impact (e.g., outcome measures, evaluation results, research findings, patient, or community experience)

For nominations to be considered by the review committee, the online form must be completed in full and all supporting materials for evidence of impact sent to <u>info@afhto.ca</u> by July 14, 2023.

Bright Lights Award Categories

- 1. Using a population-based approach to provide care to the community
- 2. Optimising teams' capacity and creating efficiencies
- 3. Organizing primary care to advance Ontario Health Teams
- 4. Embedding mental health and home care in primary care
- 5. <u>Reducing unnecessary care</u>
- 6. Special recognition for underrepresented teams

1. Using a population-based approach to provide care to the community

Topics of interest include (but aren't limited to):

- Expanding access to teams for unattached patients
- Partnerships to facilitate population-based health approaches
- Utilising data to inform population-based planning
- Collaborative governance / Governance at the OHT level

2. Optimising teams' capacity and creating efficiencies

Topics of interest include (but aren't limited to):

- Triage in a world of virtual online booking
- Focus on non-digital methods of integration including back-office integration, common clinical pathways, cross-team collaborations/regional approaches to care
- Creating operational efficiencies through digital health tools
- Interprofessional Health Providers and full scope of practice
- Staff and provider wellness
- Recruitment and retention

3. Organizing primary care to advance Ontario Health Teams

Topics of interest include (but aren't limited to):

- Building Primary Care Networks- success case studies
- Integrating Primary Care Networks with OHTs
- Jurisdictional review of organized primary care

4. Embedding mental health and home care in primary care

Topics of interest include (but aren't limited to):

- Increasing access to mental health and addictions support at the population level
- Supporting Mental Health Promotion & Prevention (including support for Children and Youth)
- Mental health pathways in Ontario Health Teams
- Primary Care in the home
- Increasing collaborations between providers

There is also another category sponsored by a partner organization:

5. Reducing unnecessary care

- Sponsored by Choosing Wisely Canada
- To be awarded to a primary care team that has implemented Quality Improvement efforts that meaningfully address the problem of overuse in health care, with measurement to reflect this change.

Special recognition for underrepresented teams

In 2022 Wawa FHT won special recognition for providing vital access to virtual medical abortions for an urban population as a small rural team. This year all new/underrepresented primary care teams again

can win an award for their contributions to Ontario's healthcare system. **The winner(s) will be selected based on the strength of their nomination to one of the five categories above.**