

2022 "Bright Lights" Nomination Guide

Application deadline is **Friday, July 15, 2022**

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Nomination Eligibility:

For a program, initiative or individual to be eligible for a Bright Lights award, they must fulfil the following criteria:

1. **Programs or initiatives must be undertaken by an AFHTO member.** If the nomination involves a team's partners, the work must either be led by an AFHTO member or they otherwise play an integral role.
2. **Programs or initiatives that have previously won a Bright Lights award are no longer eligible, whether in their original or expanded model**
3. **Individuals must be staff or affiliated with an AFHTO member and the nomination must be for work they've performed in their capacity as such.**

How to submit a nomination:

1. **Review the nomination [categories](#) in advance.**
2. **Review the nomination [evaluation criteria](#).**
3. **Complete the [online nomination form](#) and send all supporting materials before July 15, 2022.**
See below for tips on filling it out.
4. **Submit supporting documents to info@afh.to.ca:**
 - a. **1-4 high-quality photos of nominees** in png. or jpg. format to be featured at the Awards Ceremony on October 12th ([see below](#) for more information).
 - b. Take a video (30-90 seconds long) with your smartphone and share with info@afh.to.ca. We'll be promoting nominations before the conference, so please consider providing an overview of your initiative as part of your nomination(optional).
 - c. Signed [statement of attestation](#) to release photos for AFHTO use.

- d. Any supporting evidence and materials as appropriate.
- e. **Deadline to submit photos and video is July 27, 2022.**

Submitting nominee photos

Bright Lights Award nominees are asked to submit **1-4 high-quality** -500 KB or more- photos of nominees to be included in the Bright Lights Hall of Fame and possibly a video highlighting each award theme and your outstanding work before announcing award winners on Oct. 27th. **All photos must be submitted by July 27, 2022.**

- Please include photos in jpg. or png. format of:
 1. Nominee and/or team members
 2. The primary care team location
 3. The nominee interacting with patients (if available – patients will need to also sign photo release)
 4. Choice of any of above
- Signed [statement](#) to release photos for AFHTO use.
- Make sure the building, team logo or other defining element is prominently displayed.
- Make sure photos are well lit and taken without obstruction.

Submitting nominee video

Nominees also have the option to submit a video (30-90 seconds long) in addition to the photos.

- All requirements as listed for the photos above also apply to the video.
- The video would be accepted in addition to the photos, not as a replacement.
- The video can be shared with info@afhto.ca.
- **All videos must be submitted by July 27, 2022**

Tips for writing your nomination

Understand the everyday counts. Has your team developed a workaround for a particular challenge? Utilised a range of tricks to address a sticky situation? Other teams may be wrestling with these same issues. It may seem like business as usual to you but spreading knowledge of these achievements could be a real help to teams in similar circumstances.

You're not too small or too remote for your voice to be heard. Evaluations from past award review committee members tell us they would like to hear from a variety of sources and especially from small, rural and Northern teams.

Include a variety of voices. AFHTO's focus is on **interprofessional** primary care so bring a range of experiences and people together when presenting and developing the nomination. ***Include a patient/caregiver testimonial or experience where appropriate.***

Review past award winners. Their innovations run the gamut of topics and types of initiatives. You may see that your team has done something similar or has seen better results. You'll also see how your achievement will be recognized.

When writing your nomination:

- **Pick the right category.** Category descriptions are very detailed and specific. Make sure reviewers know why your nominations fits the theme.

- **Identify WHY your achievement stands out over the rest.** Show your evidence and results clearly. Some innovations might not have quantitative evidence, but you need to tell us what has improved as a result AND how other teams can learn from the results.
- **Look beyond the stats when demonstrating evidence.** Consider your results from the human perspective, not just statistics and measures. What did your initiative DO for your patients, team and/or community?
- **Use plain language.** Omit flowery speech and state your points clearly.

Do Check In. Not sure if your program or initiative will be a good fit for the conference? [Feel free to ask us.](#) We're happy to discuss it with you.

Completing the online nomination form:

<https://www.surveymonkey.com/r/2022brightlightsnominations>

- Review the [submission form template](#) before filling out the SurveyMonkey form.
- To avoid the risk of losing information, it is best to enter the nomination all in one session.
- The nomination form must be filled in online and IN FULL.
- Email any supporting data separately to info@afhto.ca.

Nomination Evaluation Criteria:

The review committee will score each nomination on a scale of 1 (Very low) - 5 (Very high) for the extent to which the achievement:

1. Reflects significant achievement within the award category. The innovation may be large or small, but the impact is significant for the patients, community and/or primary care team
2. Exemplifies innovative thinking and leadership
3. Reflects patient and/or caregiver involvement
4. Recognizes and addresses the needs of their local population (access or barriers to care, rurality, etc.)
5. Is sustainable with potential for continued improvement
6. Offers significant, useful, and relevant learning opportunities/resources to primary care teams
7. Is being spread and adopted more broadly
8. Is backed up by evidence of impact (e.g., outcome measures, evaluation results, research findings, patient, or community experience)

For nominations to be considered by the review committee, the online form must be completed in full and all supporting materials for evidence of impact sent to info@afhto.ca by July 15, 2022.

Bright Lights Award Categories

1. [It takes a team: collaboration inside and out](#)
2. [Health equity at the centre](#)
3. [Sustainable solutions to primary care problems](#)
4. [Mental health and addictions](#)
5. [Special recognition for underrepresented teams](#)

1. It takes a team: collaboration inside and out

If you want to go far, go together. The latter half of a well-known proverb, this statement has become so popular because it can be applied to so many situations, including Ontario's healthcare system. Well-integrated teams, whatever their configuration, get better results with better collaboration. But how can we harness these relationships to ensure we get the results we need, especially given the disconnect felt within teams during this challenging time? How do we ensure we reconnect and become even stronger?

Topics of interest include:

- Intra-team cohesion
- Building team resiliency after a traumatic event
- Reducing sources of friction in community collaboration
- Developing the Patient Medical Neighbourhood/Ontario Health Teams (OHTs)

2. Health equity at the centre

In supporting the treatment of patients, we must remember that they are people first, who often navigate complex realities that impact their health in multiple ways. Medication prescribed doesn't work if they can't afford to buy it and telling them they need to rest when they can't take sick days because they're afraid of losing their job is well meaning but falls short. To maintain and improve patient health means acknowledging and affirming their lived experience as a central practice in treatment, especially if we wish to protect relationships that can truly last an entire lifetime.

Topics of interest include:

- Supporting the needs of marginalised communities
- Internalising lessons learned in EDI and anti-racism journeys
- Indigenous health
- Treating the whole person in the context of their lived experience

3. Sustainable solutions to primary care problems

Pilots come and go and good ideas founder like ships on the shoals of resistance to change. Occasionally, someone demonstrates workable solutions to seemingly intractable problems, but they aren't adopted across the spectrum of care. To break the cycle and move beyond this version of Groundhog Day, primary care teams need to champion and insist on integrating sustainable solutions to their problems, reconnecting with partners across the health system.

Topics of interest include:

- Addressing systemic barriers
- Scalable digital and virtual innovations
- Ensuring continuity of care
- Engaging complex systems of support

4. Mental health and addictions

The ongoing thrum of background stress and uncertainty reverberates through the body and challenges one's ability to cope. That background noise has revved up repeatedly over the past couple of years and even the sunniest of patients, caregivers and healthcare providers have been worn down. How do we shore them up in the face of these realities? How do we replenish and restore their equilibrium in a sustainable manner?

Topics of interest include:

- Supporting our own resiliency
- Provider and patient- dealing with the aftermath- PTSD, etc.
- Fully incorporating the quadruple aim
- Supporting Mental Health Promotion & Prevention

Special recognition for underrepresented teams

In 2019 Trent Hills FHT won [special recognition for providing better care for rural children](#). This year all new/underrepresented primary care teams again can win an award for their contributions to Ontario's healthcare system. **The winner(s) will be selected based on the strength of their nomination to one of the four categories above.**