

Association of Family Health Teams of Ontario: COVID-19 Check in

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EPIDEMIOLOGY OF COVID-19 IN YORK REGION

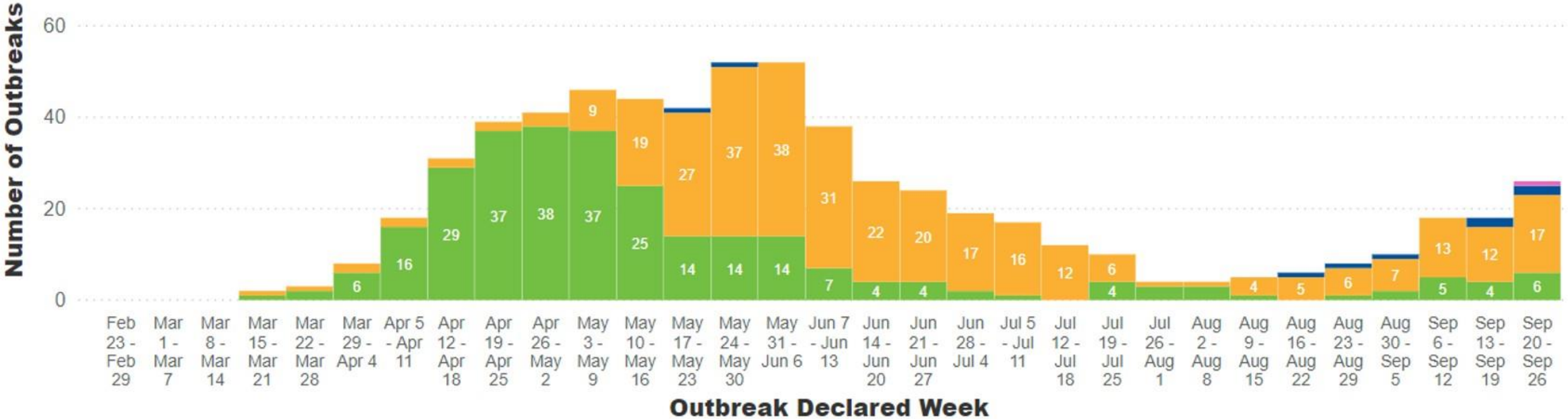
Confirmed Outbreaks by Setting

2
Childcare Active OB

6
Inst Active OB

1
School Active OB

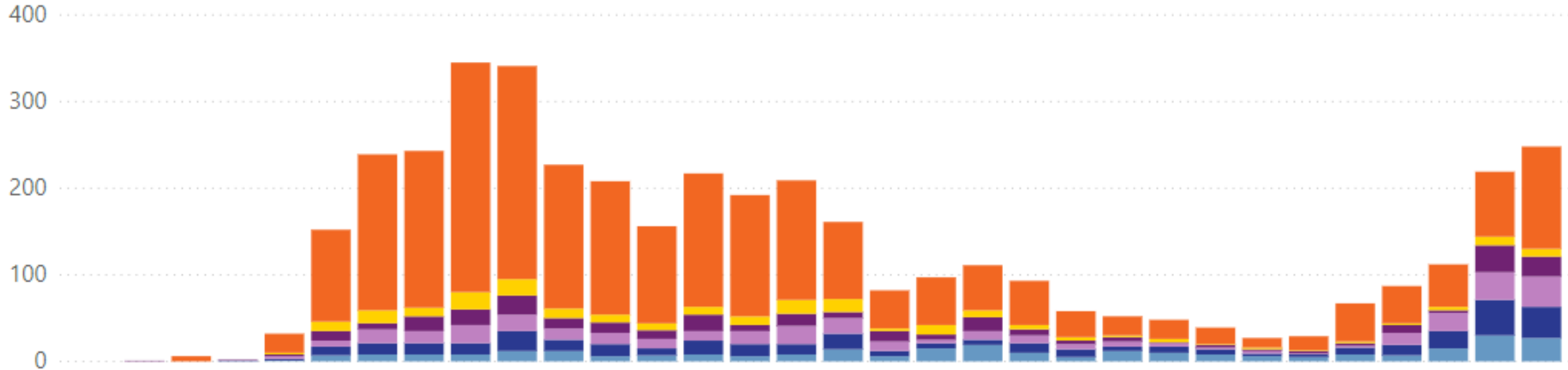
17
Work Active OB



EPIDEMIOLOGY OF COVID-19 IN YORK REGION

Distribution of Cases by Age in York Region

● 0 - 19 ● 20 - 24 ● 25 - 29 ● 30 - 34 ● 35 - 39 ● 40+



Date Reported Externally

COVID-19 PARENT/CHILD SELF-ASSESSMENT

CHECK YOUR CHILD DAILY FOR SYMPTOMS OF COVID-19

Complete this self-assessment daily before sending your child to school, child care or before/after school care

Before sending your child to school, child care or before and after school programming, assess your child for NEW, WORSENING or UNEXPLAINED symptoms related to COVID-19. If you are concerned about your child's symptoms, consult your health care provider. If your child has pre-existing symptoms or underlying health conditions, not related to COVID-19, share this information with your school, child care or before and after school programming so they are aware of possible related symptoms.

Do you/the child or any member of your household have any of the following common symptoms of COVID-19:

 FEVER (temperature of 37.8°C or greater) <input type="checkbox"/> Yes <input type="checkbox"/> No	 NEW OR WORSENING COUGH <input type="checkbox"/> Yes <input type="checkbox"/> No	 SHORTNESS OF BREATH <input type="checkbox"/> Yes <input type="checkbox"/> No	 SORE THROAT OR DIFFICULTY SWALLOWING <input type="checkbox"/> Yes <input type="checkbox"/> No
 ALTERED SMELL OR TASTE <input type="checkbox"/> Yes <input type="checkbox"/> No	 NAUSEA/VOMITING, DIARRHEA, ABDOMINAL PAIN <input type="checkbox"/> Yes <input type="checkbox"/> No	 RUNNY NOSE, OR NASAL CONGESTION (unrelated to seasonal allergies, post nasal drip) <input type="checkbox"/> Yes <input type="checkbox"/> No	

Other less common symptoms of COVID-19 can include:

- | | |
|--|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Tiredness, feeling unwell or muscle aches | <input type="checkbox"/> Yes <input type="checkbox"/> No Red/purple discolouration to hands, fingers, feet and/or toes, and skin may peel (COVID-toes) |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Worsening of chronic conditions | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Chills | <input type="checkbox"/> Yes <input type="checkbox"/> No Increased tiredness/fatigue |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Headaches | <input type="checkbox"/> Yes <input type="checkbox"/> No Difficulty feeding in infants |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Croup | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Pink eye | |

*These symptoms are less common and may occur in children or people living with a developmental disability

For an up-to-date list of all symptoms, visit york.ca/covid19

In the last 14 days has your child:

- Had close contact* with a confirmed or probable COVID-19 case? Yes No
- Had close contact* with a person with acute respiratory illness who has been outside Canada, including the United States? Yes No

If you answered yes to any of the symptoms or questions above:

- Stay home. Your child should not go to school, child care or before and after school programming
- Seek assessment and testing as early as possible at a COVID-19 Assessment Centre and self-isolate while waiting for result
- If test result is negative, self-isolate for 24 hours after symptom resolution, unless you have been a close contact* of an existing COVID-19 case in which case please follow instructions from York Region Public Health and isolate for 14 days since last contact
- If test result is positive or test is not completed, self-isolate for 14 days (including any members of your household or people you had close contact* with from 48 hours before symptom onset) and contact York Region Public Health

Travel

If your child has travelled outside of Canada, including the United States in the last 14 days your child must self-isolate for 14 days. If your child develops symptoms of COVID-19 while in self-isolation, seek assessment and testing at a COVID-19 Assessment Centre.

*A close contact is a person who has been within 2-metres of someone positive for COVID-19 or with symptoms of COVID-19 for greater than ten minutes.

- Parents and staff must complete a self-assessment daily before attending or sending child to school
- Self-Screening tool is available at york.ca/safeatschool

HEALTH CARE PROVIDER ROLES IN TESTING

- HCPs may be consulted to determine if a symptomatic child/staff needs testing.
Determination is based on HCP's clinical judgement
- Individuals with COVID-19 symptoms and no known alternative diagnosis recommended to undergo COVID-19 testing prior to returning to school
- Have a low threshold for recommending testing for patients with symptoms consistent with COVID-19
- Provincial guidance and local public health: *medical notes (or proof of negative tests) should **not** be required for staff or students to return to school*
- HCPs to notify YRPH of probable cases (symptoms and higher risk exposure)

FLU SEASON 2020-21 & COVID-19 — AVOIDING A “TWINDEMIC”

- Southern Hemisphere influenza experience so far:
 - Australia – increased flu vaccine uptake (~50-60% uptake) + COVID-19 prevention measures
 - Significant decline in influenza cases compared to last season
- Anticipate similar for Ontario for 2020-21 flu season
 - COVID-19 public health measures, reduced flu/respiratory viruses – had truncated 2019-20 flu season, increased flu vaccine demand, flu vaccination and surveillance important
 - Ontario government has ordered more flu vaccine doses; large flu vaccine campaign announced
- Flu vaccination especially important this season to:
 - Protects individuals
 - Reduce influenza illness impact on health care system
 - Decreased illness (hard to distinguish – COVID-19, flu, other resp. pathogens) - ?decreased need for testing if well
 - Decrease chance of co-infection in individuals and outbreaks with both viruses

INFLUENZA IMMUNIZATION ON A LOCAL LEVEL — IN YR

- Public health units get flu vaccines from the Ontario government pharmacy (OGPMSS)
- YRPH works with HCPs to distribute and provide guidance on immunization
- Distribution – vulnerable and high risk individuals and settings; community HCPs and practices; working to have availability of flu vaccines ASAP and during season
- Influenza vaccination should be offered to all eligible patients 6+ months
- Ministry – HCPs can vaccinate on demand to increase uptake and administration
- New challenges will require innovation in vaccine administration approach
- YRPH also planning to administer flu vaccine to support overall efforts to immunize

PUBLICLY FUNDED INFLUENZA VACCINES AVAILABLE FOR 2020-21

	Quadrivalent Inactivated Vaccine (QIV) (for all adults and for children per indicated ages)			High-Dose Trivalent Inactivated Vaccine (HD-TIV) (for individuals 65+ years)
Vaccine Product	FluLaval Tetra	Fluzone® Quadrivalent	Flucelvax® Quad	Fluzone® High-Dose
Age indication	≥ 6 months	≥ 6 months	≥ 9 years	≥ 65 years
Format	Multi-dose vial	Multi-dose vial Pre-filled syringe	Pre-filled syringe	Pre-filled syringe
Influenza Strains covered	Two Influenza A Strains Two Influenza B Strains			Two Influenza A Strains One Influenza B Strain
Most common allergens	Egg protein*, Thimerosal	<u>Multi=dose vial:</u> - Egg protein*, -Thimerosal <u>Prefilled syringe:</u> - Egg protein*	Does NOT contain egg protein	Egg protein*

* Per the National Advisory Committee on Immunization (NACI), egg allergy is not a contraindication for influenza vaccination and egg-allergic individuals may be vaccinated against influenza using the full dose of any age-appropriate product.

FluMist® (LAIV) is not part of UIIP this year; HD-TIV will also be available in pharmacies this year

RESOURCES ON INFLUENZA AND IMMUNIZATION

Influenza and Universal Influenza Immunization Program

- [Influenza Clinic Planning Checklist](#)
- [PHAC/NACI Guidance for Influenza Vaccine Delivery in Presence of COVID-19](#)
- [Public Health Ontario – Influenza page and resources](#)
- [Public Health Ontario – Fact Sheet on Flu Vaccines for 2020-2021](#)

Immunizations – Including During COVID-19

- [Ministry of Health Guidance for Immunization Services During COVID-19](#)
- [Publicly Funded Immunization Schedules for Ontario](#)

Vaccine Inventory, Storage and Handling

- [Cold Chain Maintenance Inspections Restart Notice](#)
- [Vaccine Storage and Handling Guidelines](#)
- [York Region Vaccine Pick-up & Drop-off times by Location](#)

For more information please feel free to:

- Contact York Region Public Health at 1-877-464-9675 ext. 73452 or via email at vaccineinformationline@york.ca
- Visit our York Region Public Health websites at york.ca/vaccineinventory and york.ca/flu

REMINDER: HEALTH CARE PROVIDER PHONE & WEB RESOURCES

- Questions? Visit our website or call the HCP COVID-19 line at 1-877-464-9675 ext. 77280 (8:30 a.m. - 4:30 p.m., Monday to Friday)
- Visit:
 - [York.ca/healthprofessionals](https://york.ca/healthprofessionals)
 - [York.ca/covid19](https://york.ca/covid19)
 - [York.ca/safeatschool](https://york.ca/safeatschool)
 - [Ontario.ca/covid19](https://ontario.ca/covid19)
- After hours call 905-953-6478



Announcements and Resources

York Region provides important public health updates and offers events and resources, like the Public Health Matters newsletter, to support health care providers



COVID-19 Information for Health Professionals

York Region Public Health continues to provide support for health professionals related to COVID-19 (formerly referred to as novel coronavirus or 2019-nCoV)



Cannabis

Cannabis, also known as marijuana, weed or pot, can be consumed for medical and non-medical purposes. Find out more about legalization and the health effects of cannabis use in adults and youth.



Child Growth and Development

Find tools and resources for parents to help children grow and develop. When parents know what to expect at each stage of development, it can be easier to meet their child's needs and understand their behaviour.



E-Newsletter for Health Care Professionals



Early Years Support Services Registry