

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS

Nomination

Mental health and addiction support in primary care

Southlake Academic Family Health Team

Wellness at Southlake Academic FHT (SAFHT) During COVID-19

Southlake Academic

Family Health Team

The SAFHT had to adapt to the ever-changing COVID-19 pandemic but amongst those challenges, the team continued to put their patients first especially the vulnerable patient population during this pandemic. The team connected with the senior population to ensure these patients had adequate support and resources. SAFHT also connected with the immunocompromised patient population to ensure that had resources and support as well. For the first time, SAFHT also conducted a series of COVID-19 wellness webinars to help support their mental health, parental and caregiver population during these challenging times.