

ASSOCIATION OF FAMILY HEALTH TEAMS OF ONTARIO

BRIGHT LIGHTS AWARDS



2019

Nomination

Access to care: improving access to team-based care

Queen's Family Health Team

Open access to interdisciplinary group programs



The Queen's Family Health Team (QFHT) offers many group programs to our patients, four of which are also open to community members. Open enrollment programs include the Breastfeeding Drop In, Introducing Solids Foods to your Baby, Understanding & Coping with Anxiety & Depression (and a booster group) as well as the Best Health, Best Weight program. Recognizing the need in our community for maternal and child care support, mental health support and weight management counselling, QFHT has opened these programs to the public using the expertise of our lactation consultant, dietitian and social workers. In some of these programs, the community member participants outnumber the rostered QFHT patients.