

## BRIGHT LIGHTS AWARDS

## 2018

## Nomination

## The "How to" stream

Mount Sinai Academic FHT - HIPS

HIPS Home based Interdisciplinary Primary care for Seniors: for medically complex, socially isolated seniors



Our collaborative team has been successful in delivering a community-based, multidisciplinary approach to primary care to socially isolated and medically complex home bound seniors. By expanding the interdisciplinary team to include community partners such as volunteers, pharmacists, and home care service providers, in addition to a physician, RN and NP, we have successfully addressed key social determinants of health and made a meaningful difference in the lives our patients. By developing a tight communication network amongst all providers, we

have successfully enhanced social supports, promoted healthy behaviours and improved health access.

Patients and their caregivers are at the heart of everything we do within the HIPS program. The needs of patients drive new ideas, and frequent discussions with them and their caregivers stimulate innovation. Through current QI and program evaluation initiatives, we are determining if any gaps in services exist. Both patients and caregivers are part of QI projects, and evaluations are underway

